

# My Trip to Peru

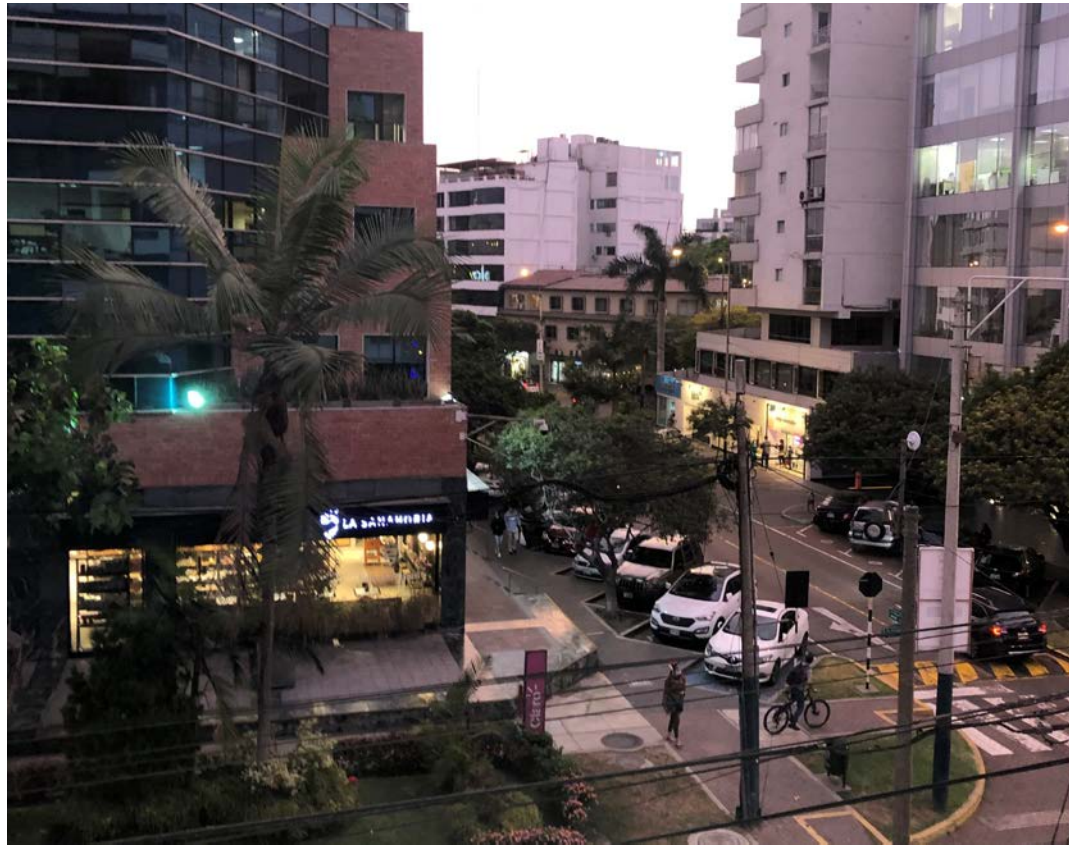
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## AN EAT PRAY LOVE TYPE JOURNEY

Note: If you do not know the movie Eat, Pray, Love with Julia Roberts look up a quick summary before viewing my slides (it is based on a book)



My first impression of Peru was it was a beautiful city. I was running on about 4 hours of sleep because of the flight delay but I was already having the time of my life. I've been to cities before but this is the first city where I saw engineering around the nature that already existed in the city. Sidewalks would have trees taking up half the sidewalk. Branches would be all up in your face, but it was amazing. Being around so much nature is therapeutic. I purposely came with no expectations of Peru though because I have never been to South America, and I knew I was going to be different from anything I ever experienced, and I was excited.





My first free day (we did have class in the morning, but the rest of the day was up to us)!! After going on the bus tour the first day in Lima, Libby, Victoria, and I vowed we would return to Miraflores and Larcomar. At this point no one in the study abroad group had tried a Pisco Sour, so we added that to our list as Paco (you) were very disappointed. Naturally we made a stop at the beach, I got distracted by a dead crab and the Pacific Ocean said got ya! For the rest of the day I wore wet clothes but I did not care I was having so much not realize the traditional Peruvian Ceviche came with sweet potatoes and corn. But wow those sweet potatoes AMAZINGfun. We got lunch at La BonBonniere and it was the best Ceviche I had the entire trip. I have had Ceviche before this trip and did !! I also learned this day that food prices and alcohol prices are way better in Peru and the alcohol is much stronger. Amazing day!





My personal trainer's mom told me she was not a fan of the food when she went to Peru. As a foody I would just like to say she is wrong. Food was amazing and OMG the coffee. I love that food is such an important part of the Peruvian culture meals and even snacks of corn are an event. Many desserts and coffees were consumed over the trip. With many wonderful memories formed during these food moments. Having corn fresh with whatever kind of cheese that was was amazing!!



I am a creature of habit. Signing up for this trip was an agreement with myself that my routine was going to be majorily disrupted. I was okay with that just a little nervous. Mostly nervous I would get homesick. I however found a home in Peru. I had my power group of 8 girls, we had our regular spots, and I know I was meant to go on this trip. I think our group of girls went to La Mora four times. We could not help it the coffee was so good. Whenever we had downtime, we would spend it in the park next to the hotel or the beach. We all found our home in Peru.



200 steps are not bad when you have views all around you.



Definitely had a headache from adjusting to altitude in this picture. Haley caught me off guard lol.



Cusco was my favorite and that is all I have to say about that.



I did not want to get spit on lol



Love these girls <3



I have a fear of heights. After Covid robbed me of a year of my life practically I told myself I needed to try new things. At times when I was hesitant these amazing friends would encourage me. The times where I was most scared were some of my greatest memories on this trip.



Nothing will compare to Machu Picchu. I was on cloud nine. Even when it was raining and my fingers were blue I was having the time of my life. It was breathtaking to see the clouds swallow the mountains. I learned though if you do not nail your yoga pose on the first attempt and start losing your balance the guard will blow his whistle and get upset. Luckily, he let me keep the picture!



Jonathan our tour guide was amazing. He tried to personalize the trip as much as possible for us and he gave the trip even more meaning for every single one of us.







School can be fun!!

From the food, to the friends, to the excursions,  
my spirit was revived. Thank you Paco for  
showing us your home!

