



# Study Abroad in Peru

<https://olivera.engr.tamu.edu/peru-study-abroad/>

# Peru Wintermester



Peru Wintermester:  
Timeline of the best three weeks of my  
life!  
Libby Roberts

**Who am I?**  
**Francisco “Paco” Olivera**

# **Study Abroad: What It Is and What It Is Not**

# Things I Wasn't Expecting

- I thought Lima would be more touristy, it wasn't! This challenged me to dive deeper into the Peruvian culture and learn the language better
- The food to be so good, I didn't know that Peru was the #1 gastronomic country in the world
- To learn about myself as much as I did
- To love a country so much and have the amount of appreciation I do in just a short amount of time
- Everything to be so cheap! My wallet was very happy haha
- To make lifelong friends

*Victoria Alexander – Peru Study Abroad 2021/2022*

# Culture and Language

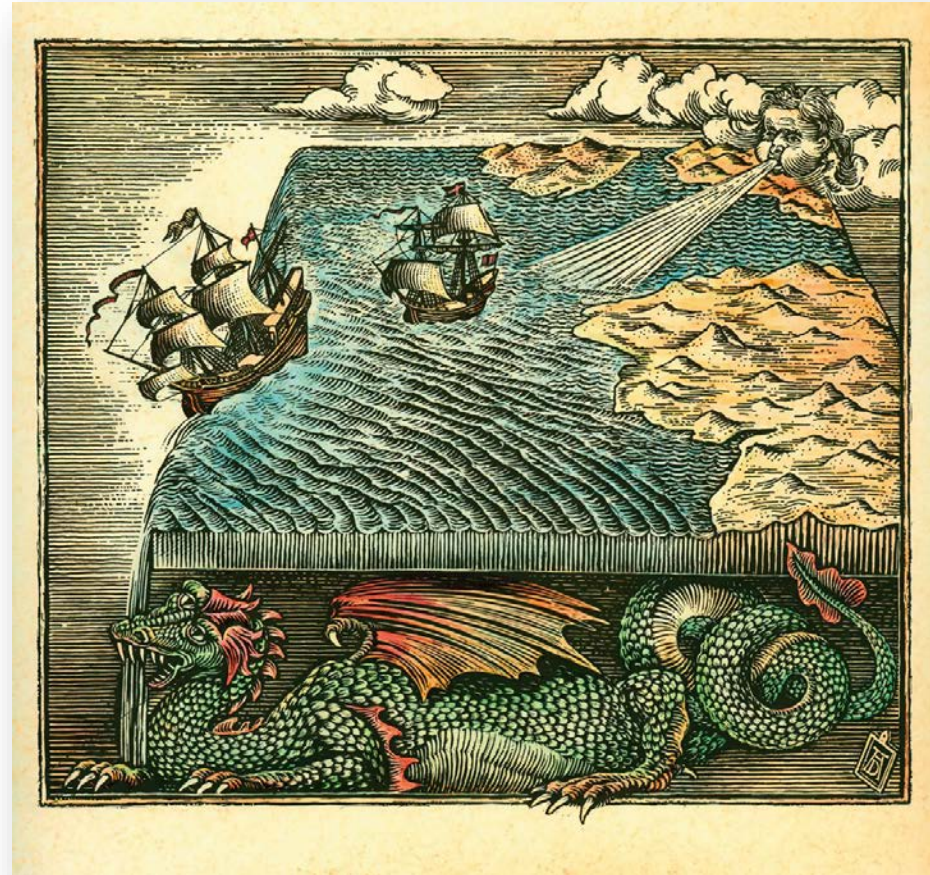
- Cultural immersion gives students the opportunity of experiencing how real life in the host country is.
- Learn, practice or further develop your Spanish language skills.
  - After English, Spanish is the most spoken language in Texas with 29% of its residents, age 5 and older, speaking Spanish at home.

# What to expect?

Known vs. unknown.

Is it dangerous? Is there crime?

# There are monsters everywhere ...





**There are monsters everywhere ...**



# There are monsters everywhere ...



# Safety/Crime

## Gun violence statistics 2023

- A person dies every 28 minutes
- A person is injured every 15 minutes
- There is a mass shooting 14 hours

<b>GVA - 10 Year Review</b>	<b>2014</b>	<b>2015</b>	<b>2016</b>	<b>2017</b>	<b>2018</b>	<b>2019</b>	<b>2020</b>	<b>2021</b>	<b>2022</b>	<b>2023</b>
Deaths: Willful, Malicious, Accidental	12,356	13,585	15,154	15,763	14,942	15,538	19,613	21,068	20,390	18,854
Injuries: Willful, Malicious, Accidental	21,865	26,894	30,589	31,359	28,209	30,197	39,514	40,549	38,576	36,338
Mass Shooting	272	332	383	347	335	414	610	689	646	656
Mass Murder	17	21	25	20	19	31	21	28	36	40
Children [age 0-11] Killed	196	202	231	234	198	211	302	312	315	297
Children [age 0-11] Injured	386	477	434	487	464	485	699	747	681	641
Teens [age 12-17] Killed	569	626	727	823	736	790	1,091	1,266	1,379	1,385
Teens [age 12-17] Injured	1,710	2,074	2,429	2,439	2,142	2,340	3,067	3,387	3,815	3,871

# Safety/Crime

- All tourists are targets of thieves all over the world.
- Do not draw attention (i.e., hide your phone, camera and laptop).
- Avoid walking alone on empty streets at night.
- Avoid *dangerous* neighborhoods.
- Avoid taking a taxi by yourself.
- Never leave your things (backpack, laptop, cell phone, camera, jewelry, etc.) unattended.
- Items prone to be stolen include: laptops, cell phones, cameras, jewelry, etc.

# Whether you like it or not ...

- ... you are an ambassador of your country.
- ... locals will think all Americans are like you.
- ... your “book of manners and etiquette” is different from theirs.
  - If in doubt, do not do what locals don't do.

# Academics

# CVEN 423

## Learning resources

- No textbook. Class notes will be provided.
- You will need to bring your own personal computer.
- Software (**before departure**):
  - Install ArcGIS Pro in your personal computer.
  - Verify the availability of the Spatial Analyst extension.
  - Solve license issues, if any.
  - Macs might need additional troubleshooting.

# CVEN 423

- **Schedule**

- The class schedule will be flexible and might be reconsidered based on OUR needs.
- Test 1 – Jan 2<sup>nd</sup>.
- Test 2 – After we return to College Station.



# Good Things Happen to Good People

- Counts towards the **International and Cultural Diversity** requirement and the **International Certificate**.
- **Tuition** is covered by the Spring 2025 semester tuition.
- Excess money will be **reimbursed** to the students.

# Schedule

# Schedule

Updated on Nov.6, 2024.  
Subject to change.

Week 1:								
Time		12/22/24	12/23/24	12/24/24	12/25/24	12/26/24	12/27/24	12/28/24
9:00	13:00					Depart from USA & Arrival in Peru	Orientation - 9:00	City Tour - 10:30 - 1:15
14:00	18:00						Class (4)	Dance class - 5:30 - 7:30
19:00	...						Welcome Dinner - Huaca Pucllana - 19:30	Open
Week 2:								
Time		12/29/24	12/30/24	12/31/24	1/1/25	1/2/25	1/3/25	1/4/25
9:00	13:00	Open	Class (4)	Class (3)	Open	Class (4)	Lima -> Cuzco // Leave hotel 8:00 // Arrive at airport 9:00 // Flight 10:55	Cuzco and surroundings (Cathedral, Korikancha, Sacsayhuaman, Tambomachay, Manos de la Comunidad) // Leave hotel 10:00
14:00	18:00		Class (2)	Study time		Test 1 (2)		
19:00	...		Open	NYE Dinner - Hotel NM Lima - 20:00 - 23:00		Ceviche Class - Pescados Capitales - 17:45		
Week 3:								
Time		1/5/25	1/6/25	1/7/25	1/8/25	1/9/25	1/10/25	1/11/25
9:00	13:00	Sacred Valley (Chincho, Moray, Salineras de Maras, Ollantaytambo) // Lunch Tunupa // Train Ollantaytambo -> Machu Picchu Town 18:30 // Night in Aguas Calientes	Machu Picchu // Bus 9:00 // Visit 10:00 // Lunch Full House // Train Machu Picchu -> Ollantaytambo 20:50	Cuzco -> Lima // Leave hotel 13:30 // Arrive at airport 14:15 // Flight 16:25	Class (4)	Class (4)	Class (4)	Back to USA
14:00	18:00				Study time	Class (4)	Study time	
19:00	...				Open	Farewell Dinner - Rosa Nautica - 19:30	Open	

# Dates committed (tentative)

Dec 26 <sup>th</sup>	Arrive in Peru
Dec 27 <sup>th</sup>	Onsite orientation and welcome dinner at <b>Restaurante Huaca Pucllana</b> .
Dec 28 <sup>th</sup>	City tour and dance class.
Dec 31 <sup>st</sup>	NYE dinner at Hotel NM Lima.
Jan 2 <sup>nd</sup>	Ceviche class at <b>Restaurante Pescados Capitales</b> .
Jan 3 <sup>rd</sup> – Jan 7 <sup>th</sup>	Trip - Cuzco, Valle Sagrado and Machu Picchu.
Jan 9 <sup>th</sup>	Farewell dinner at <b>Restaurante Rosa Nautica</b> .
Jan 11 <sup>th</sup>	Return to USA.

# When Shall I get There?

- You must be in Lima with enough time to settle, so that you can start activities on Friday December 27<sup>th</sup>. Welcome and on-site orientation will take place on that Friday.
- You have to be in Lima until Saturday January 11<sup>th</sup>.

# The Program

# Included in the Program Fee

- Safe and comfortable accommodation at NM Lima Hotel.
- Classroom and internet connection.
- Five-day trip to Cuzco, including city tour and visits to Machu Picchu and the Sacred Valley.
- NYE dinner at the hotel.
- Two meals in *gourmet* restaurants.
- Airport – hotel – airport transportation.
- Transportation to all program activities.
- Breakfasts in Lima and Cuzco.
- Health insurance and program management.

# Not Included in the Program Fee

- Meals other than the ones mentioned above.
- Local transportation.
- Surfing lessons.
- Paragliding.
- Concert tickets.



# Housing



Lima: NM HOTEL.

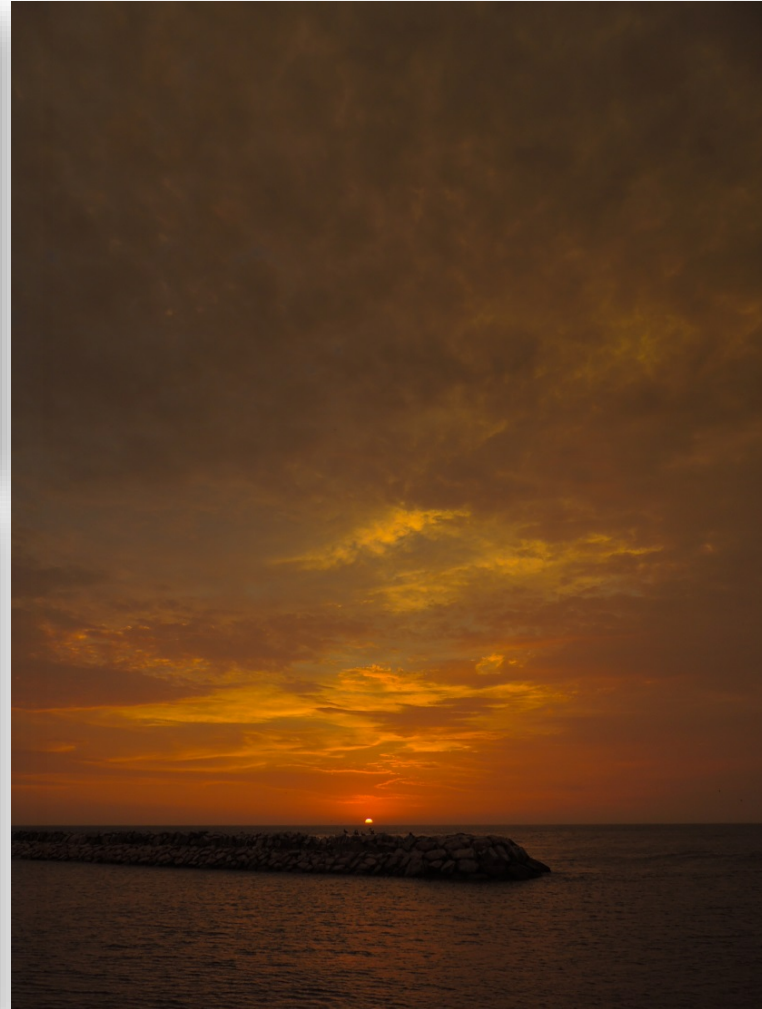


Cuzco: Casa Andina.

# Lima



# Lima



# Lima



<https://www.nytimes.com/2008/05/04/travel/04peru.html>

- People come from all over the world to surf in Peru.

# Lima



<https://www.aviancaenrevista.com/experiencias/lima-en-parante/>

# Cusco



# Machu Picchu



# Inca's Sacred Valley





**Food**

# Food

- Top 10 and top 50 restaurants in the world:
  - Spain #1, #2 and #4
  - France #3
  - **Peru #5 and #16, #41**
  - **USA #6**
  - Mexico #7
  - Denmark #8
  - Thailand #9
  - Argentina #10
- Where is Pisco from?
- What is Chifa?
- Who is Gaston Acurio?
- ... you are going to get sick.

# Am-I-going/Do-I-have to eat guinea pig?



# Where and What to Eat?

- **Restaurants**

- Casa Moreyra (fancy)
- Kjolle (fancy)
- **Tanta (Peruvian)**
- Panchita (Peruvian)
- Larco Museum (Peruvian)
- La Mar (fish)
- Siete Pecados (fish)
- Papachos (hamburgers)
- **La Linterna (pizza)**
- Pan de la Chola (café)
- La Mora (café)
- **Buenvista (café)**

- **Dishes**

- Ceviche (starter)
- Tiradito (starter)
- Causa rellena (starter)
- Papa a la huancaína (starter)
- Papa rellena (starter)
- Anticucho (starter/entrée)
- Lomo saltado (entrée)
- Aji de gallina (entrée)
- Seco de cordero (entrée)
- Rocoto relleno (entrée)
- Pollo a la brasa (entrée)
- Suspiro limeño (dessert)
- Turrón de Doña Pepa (dessert)

[Essential Peruvian Food: 10 Must-Eat Dishes to Seek Out \(seriousseats.com\)](https://www.seriousseats.com/essential-peruvian-cuisine)

<https://www.seriousseats.com/essential-peruvian-cuisine>

# Restaurant Huaca Pucllana



Visit the *huaca* before we go to the restaurant.



# Restaurant Rosa Nautica



**Everything Else**

# Things to Do and Where to Shop

- **Things To Do**

- Water fountains downtown
- Puente de los Suspiros in Barranco
- LarcoMar in Miraflores
- Downtown
- San Francisco catacumbas
- Museo Larco
- Parque del Olivar in San Isidro
- Surfing in Makaha

- **Groceries**

- Vivanda
- Wong
- Plaza Vea

- **Clothes**

- Ripley
- Saga-Falabella

- **Souvenirs**

- Market in Av. Petit Thouars
- "Hippie" street market at Parque Kennedy



# Transportation

- **Taxi**

- Do never take a *cowboy* taxi. Take Uber, Taxi Satelital, Taxi Green, Beat or whichever taxi company somebody you trust recommends you.
- Advantages: Safe from petty crime.
- Disadvantages: Wait time and a bit more expensive.

- **Public transportation**

- Make sure you know where to take it and get off. Google Maps helps you know where you are.
- Advantages: Less expensive.
- Disadvantages: Wait time, longer route and exposure to pickpockets.

# Climate in December/January

- **Lima**

- 65° - 83°. No rain.
- Very humid. Cool evenings.
- No heating/air-conditioning: same temperature indoors and outdoors.

- **Cuzco**

- 45° - 68°. Fifteen rainy days per month in December and January.
- Dry.
- Warm in the sun / cool in the shade.

# Geography and History

# Geography

Rank	City	Population 2017
1	Lima	9,562,280
2	Arequipa	1,008,290
3	Trujillo	919,899
4	Chiclayo	552,508
5	Piura	473,025
6	Huancayo	456,250
7	Cusco	428,450
8	Chimbote	381,513
9	Iquitos	377,609



# History

- Pre-Inca
- Inca empire
- Colonization
- Independence
- Republic

# History

- **Pre-Inca (before 1200s)**

- 9000 BC: Hunting tools in Pachacamac and other places;
- 6000 BC: Civilizations in Chilca and Paracas (coastal), and Callejon de Huaylas (highlands);
- 2500 BC: First city in the Americas: Caral (120 miles north of Lima);
- 2300 BC: Three irrigation canals in Zaña Valley (northern Peru);
- 2200 BC: Observatory at Buena Vista (north of Lima);
- 2000 BC: Temple with painted murals in Ventarron (Lambayeque, northern Peru);
- 300 BC: Paracas culture (textiles);
- 700 AD: Huari and Tiahuanaco cultures developed urban settlements and systems of social organization, and were precursors of the Inca empire.



# History

- **Inca Empire (1200s – 1532)**
  - Capital: Cuzco. Elevation 11,200 ft.
  - Empire of warriors: ~800,000 mi<sup>2</sup>
  - Tawantinsuyo: Four *suyos* or regions.
  - Landmarks: Machu Picchu (Old Mountain) and Sacsayhuaman (Royal Falcon).
  - God: The Sun (Inti in Quechua).
  - Flag: Rainbow.
  - Mail system: Chasquis.



# History

- **Colonization and Viceroyalty (1532 – 1824)**

- 1524 – 1526: Smallpox from Panama swept through the empire killing the Inca Huayna Capac and his heir Ninan Kuyuchi, which caused a civil war between Huayna Capac's sons Huascar (Cuzco) and Atahualpa (Quito). The civil war was won by Atahualpa.
- 1532: Francisco Pizarro captures and kills Atahualpa and takes over.
- 1520s – 1620s: The population decreased by more than 90% from nine million to six hundred thousand because of infectious diseases.
- 1700s: Lima becomes an “aristocratic” city.
- 1700s: Failed rebellions, in the mountains, of Juan Santos Atahualpa (1742) and Tupac Amaru II (1781).





# History

- **Independence (1811 – 1824)**
  - 1808: Napoleon invades Spain.
  - 1810 - 1822: San Martin liberates Argentina and Chile, and Bolivar, Venezuela, Colombia and Ecuador.
  - 1821: San Martin declares Peru's independence.
  - 1824: Battles of Junín and Ayacucho seal the independence war.



# History

- **Republic (1824 – 2022)**

- 1854: Slavery and death penalty were abolished by then President Ramon Castilla.
- 1968 - 1975: Velazco's "left-wing" military dictatorship.
- 1980 - 1992: Terrorist group Shining Path.
- 1990 - 2001: Fujimori defeats the Shining Path and "revamps" the economy.
- 2022 - ... : Dina Boluarte becomes President after Pedro Castillo is impeached..



# Peruvian Movies

- *The Last Hour.*

2017 TV-MA 1h 58m HD

In this compelling true story, two Peruvian detectives go undercover to locate and capture the elusive leader of the Shining Path.

Cast: Pietro Sibille, Nidia Bermejo, Toño Vega, *more*

Genres: Peruvian, Dramas

This movie is: Suspenseful

- *Without Saying Goodbye - Netflix*

2022 TV-MA 1h 36m HD

The opposite lives of a workaholic architect and a fiery artist are upended when their chance encounter in breathtaking Peru shifts their views on life.

Cast: Maxi Iglesias, Stephanie Cayo, Wendy Ramos, *more*

Genres: Peruvian, Romantic Movies

This movie is: Romantic

# Videos About Peru

- *Peru Travel - Peru: The Richest Country in the World*  
<https://www.youtube.com/watch?v=EKdDQHMBfdA>
- *Weaving the Bridge at Q'eswachaka*  
<https://www.youtube.com/watch?v=dql-D6JQ1Bc>
- *National Geographic - Machu Picchu 101*  
<https://www.youtube.com/watch?v=cnMa-Sm9H4k>
- *National Geographic - Journey Through Peru's Incredible Sights*  
<https://www.youtube.com/watch?v=5kXD0oRSITY>

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